

# Trainingsplan FC Spreitenbach Schönwetter 2018 / 2019



Mannschaften	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
<b>1. Mannschaft</b>	19:30 - 21: 00 MZ1	19:30 - 21: 00 MZ1		19:30 - 21:00 MZ1	
<b>Senioren 40+</b>			20:00 - 21:30 MZ2 Shoppi		
<b>Senioren 50+</b>	20:00 - 21:30 MZ2 Shoppi				
<b>FF15</b>	18:00 - 19:30 MZ2 Shoppi		18:00 - 19:30 MZ2 Shoppi		
<b>Junioren A</b>	19:30 - 21:00 MZ2 Kiosk	19:30 - 21:00 MZ2 Kiosk		19:30 - 21:00 MZ2 Kiosk	
<b>Junioren C</b>		18:00 - 19:30 MZ2 Shoppi		18:00 - 19:30 MZ2 Shoppi	
<b>Junioren Db</b>		18:00 - 19:30 Ziegelei		18:30 - 20:00 MZ2 Kiosk	
<b>Junioren Ea</b>		18:00 - 19:30 MZ1 Shoppi		18:00 - 19:30 MZ1 Shoppi	
<b>Junioren Eb</b>	18:00 - 19:30 MZ1 Shoppi		18:00 - 19:30 MZ1 Shoppi		
<b>Junioren Ec</b>	18:00 - 19:30 MZ2 Kiosk			18:00 - 19:30 MZ1 Kiosk	
<b>Junioren Fa</b>		18:00 - 19:30 MZ2 Kiosk		18:00 - 19:30 MZ1 Kiosk	
<b>Junioren Fb</b>					
<b>Junioren G</b>			18:00 - 19:30 MZ1 Kiosk		
<b>Goali-Training</b>	18:00 - 19:30 Rasenstreifen				